

# Incredible Years – Week 1 Agenda

- Zoom Overview
- Greetings and Introductions

Questions:

What are the ages of your children?

What has been the greatest struggle in parenting for you?

What has been your greatest parenting joy?

Personal goal for the class?

- Set group Ground Rules
- Review Program Goals and Topics  
Review Parenting Pyramid
- Topic of the Week: The Importance of Parental Attention & Special Time

-Group Brainstorm: What are benefits to “special time” for both younger and older children?

-Watch vignettes and discussion

-Group Brainstorm: What activities can you do as “special time” with your child?

-Summarize Key Points (Refridgertor Notes)

- Home Activities for the week – Class documents on website  
[www.ButlerEarlyAccessNetwork.org](http://www.ButlerEarlyAccessNetwork.org)

-Chapter 1 Reading

-Homework Assignment sheets