

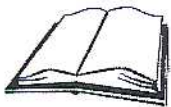


HOME ACTIVITIES FOR THE WEEK



To Do:

- **DO SPECIAL TIME** (e.g., read, play a game, cook together, do a puzzle etc.) with your child for a minimum of 10 to 15 minutes every day. Keep track of these times on the Record Sheet: Special Times handout.
- **READ** the handouts.



To Read:

Handouts and Chapter 1 – *How to Play With Your Child in The Incredible Years.*

General Guidelines

Some adults find it helpful to do their special time at the same time every day. Another useful strategy is to turn your phone off so children know that the time you are spending together is important.