

Incredible Years – Week 2 Agenda

- **Check In:**

Questions:

Review Parent Goals

Review Ground Rules

Any "Special Time" success stories from the last week?

Parents Thinking Like Scientists worksheet

- **Brainstorm:**

Benefits of Special Time

Barriers to spending time with children

- Review KEY CONCEPTS:

***"Modeling" Principal** – Avoiding use of critical statements and demands and substituting positive polite language, children learn more positive communication.

***"Attention Rule"** – Attending to positive behaviors and ignoring negative behaviors results in increased positive social behaviors in children.

***"Ignoring" Skill** – Not giving eye contact or verbal attention to annoying behaviors, a deliberate action for certain misbehaviors.

- **Topic of the Week: The Importance of Parental Attention & Special Time**

-Watch vignettes and discussion

-Summarize Key Points (Refrigerator Notes)

- "Piggy Bank"

- **Introduce New Topic: Social, Emotion, & Persistence Coaching**

-Watch vignettes and discussion

- **Home Activities for the Week – Class documents on website**

www.ButlerEarlyAccessNetwork.org