



## Home Activities for the Week



### To Do:

- **CONTINUE SPECIAL TIME AND PRACTICE SOCIAL, EMOTION AND PERSISTENCE COACHING** with your child for a minimum of 10 to 15 minutes every day. Keep track of these times on the Record Sheet: Special Times handout.
- **READ** the handouts.
- **KEEP TRACK** For two 30-minute periods during the week, observe your own use of praise. Write down the words you use when you praise and how often you praise on the Praise Record Sheet.
- **CALL** your buddy to ask about play and special times.
- **MAKE** a list of behaviors you want to see more of in your child on the Record Sheet and bring to next session.



### To Read:

- Handouts and Chapter 2 – *Praise in The Incredible Years* and if time, Chapter 10 – *Teaching Children Friendship Skills*.